

5 Benefits of a Health Savings Account

Invest in your future *and* save your money.

Play it smart this enrollment season by choosing to save money.

Here are five reasons why an HSA could be the right choice for you and your family:

1. Invest in your future

An HSA acts just like a savings account in which you can routinely contribute funds and keep it for whenever you need it to pay for qualified medical expenses.

2. Keep your remaining funds

At the end of your plan year, any remaining funds stay in your account from one year to the next. This way, you continue saving.

3. Take your HSA with you

No matter where life takes you, your HSA moves with you. Whether it's a job change, a new health plan, or retirement, your HSA remains in your control. There is no minimum distribution during your retirement years, either. Thus, continuous contributions to your HSA are a wonderful way to plan for retirement, too!

4. Reduce health insurance premiums

To enroll in an HSA, you must be enrolled in an eligible high deductible health plan that meets deductible requirements set by the IRS. HSA qualified health insurance plans typically have smaller monthly insurance premiums, putting more money in your pocket each month.

5. Multiple Tax Benefits

There are three major tax advantages to your HSA.

1. Cash contributions to an HSA are 100% deductible from your federal gross income (within legal limits).
2. Interest on savings accumulates tax deferred.
3. Withdrawals from an HSA for "qualified medical expenses" are free from federal income tax.

\$4,400

Maximum 2026 HSA
contribution for individuals

\$8,750

Maximum 2026 HSA
contribution for families

\$1000 - 55+ catch-up

CAS

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